



The Shepherd's Center of Charlotte
Trinity Presbyterian Church
3115 Providence Rd.
Charlotte, NC 28211

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Happy Holidays

The Shepherd's Center of Charlotte, Inc.

Senior Solutions

Volume 6, Issue 1

Winter, 2012



Services & Education
for Seniors

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SCC's New Board President



We would like to welcome Bill Romeo, American Prosperity Group president as our

new Board president, beginning in January, 2012. Mr. Romeo has served for several years on the Board as interfaith outreach chair, long range planning chair and finance committee chair.

Richard B. McKnight served as Board president in 2011. His leadership

helped secure a new Tax Aide Program site at Southminster Retirement Community, increased our Computer student attendance, helped with the Technology Fair in November at Southminster and helped to lead the board of directors in a new and positive direction. We thank him for his support and leadership.



Volunteer Traditions

The Shepherd's Center of Charlotte could not function without the help of our dedicated volunteers.

In Memoriam

It is with sadness that we note the passing of one of our long-time volunteers, **Ira Griffin, Jr.** Mr. Griffin was the coordinator of our Friendship Trays partnership. It was his job to make sure all the assigned routes were covered, and if they weren't he made sure to cover them himself. We will miss his bright smile and easy-going personality. Once again, volunteerism at its best.

From the Executive Director

I join my board of directors, staff and committee volunteers in saying that we are very proud of our programs and services. Staff and volunteers work hard all year long to bring the best speakers and instructors to our Adventures in Learning Program. We have dedicated instructors for our computer classes at Southminster Retirement Community. Our Travel Program continues to excel in the places and things we offer.



Linda R. Pellerin

So it is with some frustration that I look at our declining enrollment for these programs. We must have your support through your participation and your monetary donations for us to continue to offer these great experiences for you. I ask that you please invite a friend to join you when you participate in SCC activities so they may experience the programs for themselves. With your help we can be bigger and better than ever!

Thank you and have a happy holiday season!

Our Sincere Appreciation

The Shepherd's Center of Charlotte thanks our outstanding volunteers and supporters. It is through this support that we've been able to do the following:

Our 357 volunteers drove seniors to their medical appointments more than 360 times; delivered hot meals daily to 45 seniors; helped seniors with odd jobs around the home; taught classes at Adventures in Learning and our computer lab; served on committees; presented seminars; assisted in our office; and served on our board of directors. ♦ The Adventures in Learning Program was able to enrich the lives of 492 senior students this year through 24 General Sessions and 47 classes. ♦ This year we have served 290 computer students in 53 classes with 8 volunteer computer instructors. ♦ 497 seniors traveled with us to interesting places such as the Reynolda House, Chinqua Penn, NC Arboretum, Sarah Duke Gardens, Flat Rock Playhouse, Newberry Opera House and NC wineries. ♦ Seniors' Health Insurance Information Program (SHIIP) volunteers counseled more than 232 seniors in 2011 to help them through the Medicare Maze and Prescription Part D Drug Plan.

This voluntary support is needed and appreciated; however, we also need monetary support to keep these programs vital and thriving. If you have not already done so, please show your support today by giving a year-end donation to The Shepherd's Center of Charlotte, 3115 Providence Rd., Charlotte, NC 28211. Thank you in advance for your support & generosity.

Save the Date!

Chef Wars

Wednesday, June 13, 2011

11:30 a.m.—1:00 p.m.

\$15.00

To honor our
Silver Volunteer of the Year!

Providence United Methodist Church
2810 Providence Rd., Charlotte, NC 28211

You are invited to join us for lunch (vote for your favorite chef), a raffle, fellowship, exhibitors from the senior community, entertainment and more!

**For more info or to R.S.V.P.,
call 704.365.1995**

Free Shredding Event!

Saturday, February 11— 9:00-12:00

**St. Anne's Catholic Church Parking Lot
3635 Park Rd., Charlotte, NC**

Compliments of **ProShred**, 801 Clanton Rd.,
Charlotte, NC 980.229.4876



Donations to The Shepherd's Center and/or St. Anne's
gratefully accepted!

Lunch 'n' Learns & Seminars

Financial Boot Camp

**Pamela Greenwood,
John Moore & Friends
Morgan Keegan & Company
Member FINRA, SIPC
www.morgankeegan.com**

Tuesday, Mar. 13—11-12:30

Emeritus at Eastover
3610 Randolph Rd., Charlotte

Understanding Hearing Loss & Possible Solutions

**Dan Pearce
Audibel Hearing Center
www.audibelcharlotte.com**

Tuesday, Mar 20—11-12:30

Atria-Merrywood
3600 Park Rd., Charlotte
(please park at YWCA next door)

Volunteer of the Year Nominees

- Betty Acuff:** Current office volunteer; past Travel Committee; past medical driver; past Tax Aide Program greeter.
- D.A. Bradley:** Summer Adventures In Learning Committee; Tax Aide Program greeter, Administrative.
- Rose Graham:** Adventures in Learning education committee; registrar at Adventures In Learning each week; travel committee.
- Marshall Gross:** Computer committee; computer instructor and co-author of several computer manuals.
- Pat Kelly:** Seniors' Health Insurance Information Program (SHIIP) Medicare counselor; past Tax Aide Program counselor.
- Art Nelson:** Handyman committee chair; computer committee; computer instructor.
- Dr. James Sasser:** Retired CPCC History instructor, Adventures in Learning history classes, Travel Adventures tour guide.
- Dr. Luther Wade:** Professor Emeritus of Speech & Theater, Southeastern University; Adventures in Learning ancient history and arts instructor.

Please mail your vote to: **The Shepherd's Center of Charlotte,
3115 Providence Rd. Charlotte, NC 28211**

Or e-mail, plampel@shepherdscharlotte.org, or call, 704.365.1995

Deadline February 20—only one vote per person please!

Honor will be awarded at Chef Wars on June 13

Tax Aide Program

The year 2012 will see us moving our **Tax Aide Program** to Atria-Merrywood, 3600 Park Rd. Although we appreciated the use of Southminster Retirement Community and the Computer Lab in 2011 for the program, we found that we were unable to offer as many computer classes.



ments during the month of January and throughout February and March until all appointment slots are filled. Call [704.365.1995](tel:704.365.1995) to set up your appointment.

Please note that appointments are based on a first-come, first-served basis. Please call early to secure your slot now!

The Shepherd's Center of Charlotte would like

to thank Atria-Merrywood for offering their facilities for this long-standing program. We hope to be able to keep the program there for many years to come.

Thanks also to the volunteers who tirelessly serve as Tax Aide counselors.

We would also like to extend a special acknowledgement to the Shepherd's Center volunteers who help to keep the process flowing by guiding the seniors through the hallways at Atria-Merrywood for their appointments and helping to make sure their paperwork is in order.

The **Tax Aide Program** is offered in partnership with **AARP**. All AARP volunteers have taken the IRS Tax Counseling for the Elderly test. As was the case last year, all returns will be filed electronically. There will be **NO paper returns**.



Tax aide will be held from 10:00 a.m. to 2:00 p.m. on Tuesdays

and Thursdays beginning February 7 and running through April 12.

Parking will be primarily at the YWCA parking lot next door to Atria-Merrywood. There is a gate between the two properties. For those of you who have trouble walking, you may be dropped off at the front lobby of Atria.

We will begin scheduling appoint-

**Beginning January 3, call
The Shepherd's Center of
Charlotte for your Tax Aide
appointment!
704.365.1995**

Adventures in Learning Program Guide

General Session

**Mondays, January 23 to February 27, 2012
(10:00 to 11:00 a.m.)**

Arts and Culture



January 23: Alexis Gordon, program director for the Charlotte International Cabinet (CIC) will detail for us how the CIC promotes Charlotte as an international city and serves as a resource to foster international relationships, highlighting Charlotte's eight sister-city partnerships.

January 30: Actor's Theatre; a treasure in our midst. Founded in 1989, Actor's Theatre of Charlotte is the region's only professional theatre company dedicated to presenting plays for mature audiences. Charles Decker, artistic director and Robert Touchstone, director of marketing and development, will provide details past, present and future of the Actor's Theatre of Charlotte.



February 6: Xiaomie Hou, certified Chinese instructor at the Confucius Institute at Pfeiffer University, will provide insight about the Chinese New Year and the art associated with the festival. Learn about the art displayed in homes and the cultural significance.



February 13: Meg Freeman Whalen, director of public communications and external relations for the College of Arts and Architecture UNC Charlotte, will share with us "Violins from the Ashes". Explore some of the stories



February 20: Meg Freeman Whalen returns for "Forbidden Music," a look at the music of the Holocaust, from the banned orchestral music of Mendelssohn and Mahler and the jazz of Benny Goodman to the chamber music composed in the Theresienstadt Ghetto.



February 27: Vi Lyles with the "Charlotte 2012 Committee," which is planning the Democratic National Convention, will speak about the effects of the convention on Charlotte and the surrounding communities.



Lunch 'n' Learns & Seminars

Understanding Hearing Loss & Possible Solutions

Dan Pearce
Audibel Hearing Center
www.audibelcharlotte.com

Tuesday, Feb 7—11-12:30

Carmel Place
5512 Carmel Rd., Charlotte

Online Banking

Leslie McIver
Senior VP, Private Banking
North Carolina Bank & Trust
www.ncbtonline.com

Thursday, Feb. 9—11-12:30

Emeritus at Eastover
3610 Randolph Rd., Charlotte

Defensive Driving Class

Officer Howard Setzer

Tuesday, Feb. 14—9:30-2:00
(30 minutes for lunch,
please bring your own)

Cost is \$12 for AARP members and \$14 for non-members—payment is due the day of the class.
Please make checks payable to
AARP!

Trinity Presbyterian Church
Room 113
3115 Providence Rd. Charlotte

Financial Boot Camp

John Moore, Pamela Greenwood & Friends
Morgan Keegan & Company
Member FINRA, SIPC
www.morgankeegan.com

Thursday, Feb. 16—11-12:30

Atria-Merrywood
3600 Park Rd., Charlotte
(please park at YWCA next door)

Medicare Abuse & Fraud

Maria Romeo
NC Senior Medicare Patrol
www.ncdoi.com/SHIIP_SMP

Wednesday, Feb. 22—11-12:30

Summit Place of South Park
2101 Runnymede Ln., Charlotte

Caregiver Resources & Support: Where to Turn

Maria Romeo
Senior Advisor
www.1apq.com

Tuesday, Mar. 6—11-12:30

Summit Place of South Park
2101 Runnymede Ln. Charlotte

If you are planning on attending a Lunch & Learn, we ask that you R.S.V.P. at least two days in advance to ensure there is enough food available. Please call **704.365.1995** or e-mail adasst2@shepherdscharlotte.org.

Lunch 'n' Learns & Seminars

If you are planning to attend a Lunch & Learn, we ask that you R.S.V.P. at least two days in advance to ensure there is enough food available. Please call **704.365.1995** or e-mail adasst2@shepherdscharlotte.org.

Thank you!

Estate Planning Secrets of the Rich—Info Everyone Can Use!

**Sabrina Winters,
Estate Planning Attorney
www.ncestateplanninginfo.com**

Wednesday, Jan. 11—11:00-12:30

Crescent Heights Retirement
240 Branchview Dr. Concord

Financial Boot Camp

**Pamela Greenwood,
John Moore & Friends
Morgan Keegan & Company
Member FINRA, SIPC
www.morgankeegan.com**

Tuesday, Jan. 17—11-12:30
Summit Place of South Park
2101 Runnymede Ln. Charlotte

Knowing Your Prescription Drugs

**Jeff Lemelin, RPh
Walker Drug Store
www.walkerdrugs.com**

Thursday, Jan. 19—11:00-12:30

Carmel Place Retirement
5512 Carmel Rd., Charlotte

Understanding Hearing Loss & Possible Solutions

**Dan Pearce
Audibel Hearing Center
www.audibelcharlotte.com**

Wednesday, Jan. 25—11:00-12:30

The Cypress
3442 Cypress Club Dr. Charlotte

Bank Fraud

**Fernando Ycaza,
Branch Manager
North Carolina Bank & Trust
www.ncbtonline.com**

Thursday, Jan. 26—11-12:30

Atria-Merrywood
3600 Park Rd., Charlotte
(please park at YWCA next door)

Seasonal Affective Disorder (SAD)

**Katie Farrell &
Alissa Cavanaugh
Serendipity Therapy, PLLC
www.serendipitytherapy.com**

Friday, Feb 3 10-11 (no lunch)

Trinity Presbyterian Church, Rm 113
3115 Providence Rd.

The Shepherd's Center of Charlotte thanks Atria-Merrywood, Carmel Place, Crescent Heights, The Cypress, Emeritus at Eastover, and Summit Place of South Park for providing the meeting space and lunches for these lunch & learns.

Adventures in Learning Sponsors

The following businesses are sponsors for the winter session of **Adventures in Learning**. Please pick up one of their brochures to learn more about them.

The Laurels & The Haven



**Ty Cain
704.540.8007
13150 Dorman Rd., Pineville
www.laurelscarolinaplace.com**

North Carolina Bank & Trust



**Fernando Ycaza
704.526.3609
325 S. Sharon Amity Rd.
Charlotte
www.ncbtonline.com**

Summit Place of South Park



**Ashley Gang
704.525.5508
2101 Runnymede Ln. Charlotte
www.summitplaceofsouthpark.com**

The Shepherd's Center of Charlotte



**3115 Providence Rd.
704.365.1995
www.shepherdscharlotte.org**

Solutions for Seniors TV Program

January: AARP Tax Aide Program, Jan Felts, Shepherd's Center of Charlotte coordinator

February: Addiction and Depression in Seniors, Jonathan Kromer, psychotherapist, Senior Health Connection

March: Shepherd's Center Program Review—Cliff Shelkofsky, Adventures in Learning committee chair; Art Nelson, Handyman chair and computer instructor; Pam Lampel, Travel Committee coordinator

These programs are sponsored by Phil Koch and ComForcare Senior Services, 704.543.0630 or www.charlotte.comforcare.com



Adventures in Learning General Info

Welcome! Adventures in Learning (AIL) is an intellectually stimulating experience in an atmosphere of friendship. If you are new to the program, we welcome you warmly and appreciate your interest.

How to Register

- Complete the registration form on page 7 and return it with your check to **The Shepherd's Center, 3115 Providence Rd., Charlotte, NC 28211** by Tuesday, January 17, 2011.
- Make checks payable to **The Shepherd's Center of Charlotte**.
- After January 17, hand-deliver your registration and check to The Shepherd's Center (by January 20) or register on the first day of class (January 23).

Where to go for AIL

- **Pritchard Memorial Baptist Church, 1117 South Blvd.**, directly behind the Dowd YMCA.
- After parking, look for the signs directing you to the Gathering Place, an entryway to the Fellowship Hall.

What to do

- Arrive at 9:30 a.m. to pick up your nametag and enjoy fellowship with others.
- The General Session begins at 10:00 a.m.

Notice

- Sometimes a class is cancelled due to unforeseen circumstances. In this case, we invite you to visit another class for that particular day.
- In the event of cancellation of an entire day of classes due to weather conditions, we will attempt to make up that day on the Monday following the last regularly scheduled Monday, provided that space is available at Pritchard.
- **No refunds are available. Please note: If Charlotte-Mecklenburg Schools are closed due to inclement weather, there will be NO ADVENTURES IN LEARNING CLASSES!**

Lunch Information

- Lunch is served in the Fellowship Hall, 12:20–1:20 p.m.
- Lunch tickets must be purchased in advance and are purchased:
- By pre-paying (see registration form on page 7);
- By paying weekly at the registration table for the upcoming Monday;
- Or by calling **The Shepherd's Center at 704.365.1995** by Wednesday at noon for the upcoming Monday. You may also bring your own lunch.

Computer Classes

Attention: You must have taken the Introduction to Computers class or have comparable skills in order to take the following classes. These classes are 9 hours—3 half days unless stated otherwise.

E-Bay—\$25: Learn what all the fuss is about. How to navigate, buy & sell on this popular Web site.	<input type="checkbox"/> Jan 23, 25 & 27 Mon, Wed & Fri (9:00-noon) <input type="checkbox"/> Mar 19, 21 & 23 Mon, Wed & Fri (9:00-noon)
Digital Image Management & Editing—\$25 Learn how to manage and edit digital photos, from loading the pictures into the computer to editing and sharing.	<input type="checkbox"/> Feb 27, 29 & Mar 2 Mon, Wed & Fri (9:00-noon)
File Management—\$10 3 hrs: Learn how to save and find files in an efficient way. No more searching in vain!	<input type="checkbox"/> Jan 13, Fri (9:00-noon) <input type="checkbox"/> Mar 12, Mon (9:00-noon)
Open Forum—\$10—3 hrs: Tips for speeding up slow computers, backing up files, password techniques, how to burn a CD, and more. Your questions are answered!	<input type="checkbox"/> Jan 18, Wed (9:00-noon) <input type="checkbox"/> Mar 15, Thu (9:00-noon)
Computer Safety—\$25: Is your computer safe from viruses and spam? Learn how to keep your information safe with this class on security.	<input type="checkbox"/> Mar 26, 28 & 30 Mon, Wed & Fri (9:00-noon)
Microsoft Word—\$25: Designed to build word-processing skills such as letter-writing, forms, reports, etc.	<input type="checkbox"/> Feb 1, 3 & 6 Wed, Fri & Mon (9:00-noon)
Microsoft Excel—\$25: Learn now to manage your finances the easy way. Create spreadsheets and learn basic skills including building simple formulas.	<input type="checkbox"/> Feb 15, 17 & 20 Wed, Fri & Mon (9:00-noon)

Computer Classes

All computer classes are held at Southminster Retirement Community, 8919 Park Rd., Charlotte, NC 28210

In order to fulfill an increasing demand for computer training by the community at large, we now offer these courses to any adult. To register, please either contact The Shepherd's Center of Charlotte, 704.365.1995 or complete this page and mail it to **The Shepherd's Center of Charlotte, 3115 Providence Rd., Charlotte, NC 28211** along with your check made out to **The Shepherd's Center of Charlotte**. **Directions to Southminster will be given to you when you are called to confirm your class. Manuals are included in all classes. A nominal administrative fee will be charged to anyone who has paid for a class, but cancels. Health issues will be taken into consideration.**

The Introductory classes are offered twice weekly for four-week sessions

Name _____ Phone _____
 Email _____ Amount Enc. \$ _____
 Address _____
 City _____ State _____ Zip _____

Introduction to Computers—\$50.00

This is a 4-week (two days a week for 3-hours each day) hands-on class for beginners covering MS Windows, word processing, spreadsheet, Internet, E-mail and more!

<input type="checkbox"/> Jan 10-Feb 2, Tue & Thu 9:00-noon (4 weeks)	<input type="checkbox"/> Jan 10-Feb 2, Tue & Thu 1:00-4:00 (4 weeks)
<input type="checkbox"/> Feb 21-Mar 15, Tue & Thu 9:00-noon (4 weeks)	<input type="checkbox"/> Feb 21-Mar 15, Tue & Thu 1:00-4:00 (4 weeks)

Attention: You must have taken the Introduction to Computers class or have comparable skills in order to take the following classes. These classes are 9 hours—3 half days unless stated otherwise.

Social Networking—\$25: Connect to your friends and relatives in an easy way. Facebook, Twitter, LinkedIn—The in's and out's of these social Web sites!	<input type="checkbox"/> Jan 9 & 11, Mon & Wed, (9:00-noon) <input type="checkbox"/> Mar 7 & 9, Wed & Fri (9:00-noon)
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Adventures in Learning Registration Form

Winter 2012 Adventures in Learning Today's Date: _____ New to Program? _____ Phone: _____ Name: _____ Congregation: _____ E-Mail: _____ Address: _____ City _____ State _____ Zip _____ Registration Fees: \$35.00 in advance for all 6 weeks, or \$38.00 at the door: Prepaid lunch: \$7.25 per week (\$43.50 for all 6 weeks or check specific dates) <input type="checkbox"/> 1/23 <input type="checkbox"/> 1/30 <input type="checkbox"/> 2/6 <input type="checkbox"/> 2/13 <input type="checkbox"/> 2/20 <input type="checkbox"/> 2/27 Contribution toward printing and mailing the Winter newsletter: _____ Total amount enclosed: _____ Courses Requested _____	A.M. _____ P.M. _____ Your signature represents your understanding that The Shepherd's Center of Charlotte is not responsible for individuals who may become ill or injured while participating in classes or programs associated with Adventures in Learning.
Winter 2012 Adventures in Learning Today's Date: _____ New to Program? _____ Phone: _____ Name: _____ Congregation: _____ E-Mail: _____ Address: _____ City _____ State _____ Zip _____ Registration Fees: \$35.00 in advance for all 6 weeks, or \$38.00 at the door: Prepaid lunch: \$7.25 per week (\$43.50 for all 6 weeks or check specific dates) <input type="checkbox"/> 1/23 <input type="checkbox"/> 1/30 <input type="checkbox"/> 2/6 <input type="checkbox"/> 2/13 <input type="checkbox"/> 2/20 <input type="checkbox"/> 2/27 Contribution toward printing and mailing the Winter newsletter: _____ Total amount enclosed: _____ Courses Requested _____	A.M. _____ P.M. _____

Morning Classes—11:20 a.m. to 12:20 p.m.

Please indicate a first and second choice on the registration form

Charlotte-Mecklenburg History: 1940 to Present—This series will be presented through the eyes of the individual mayors of Charlotte and the key personalities that shaped the Queen City's heritage from 1940 to the present. Join us as Dr. Sasser leads us through the decades. **Instructor: James Sasser, retired CPCC history instructor**

Cold Reads— Dr. Gray returns to lead this impromptu acting class for those of us who long for the stage! For an hour you can live another life. Readers are assigned at random, no acting experience required. Find your inner creative spirit! **Instructor: George Gray, veteran actor, director and founder of Stage One**

Cooking with Deborah— Deborah returns to wow us with her kitchen skills! Memories are created in the kitchen and around the kitchen table—it's always more fun with food. Come and enjoy her tales, recipes and tasty treats. **Instructor: Deborah Rosser, co-owner of Capital Retirement & Rosser Ministries. Limit of 50 participants for this class**

Lesser Known Remarkable Women of the Bible—Katrina Miller will continue the journey exploring the women of the Bible and their gifts. Katrina will make you think, explore, research and participate! Come prepared for engaging conversation and learning. **Instructor: Minister Katrina Miller, Walking by Faith Community Church**

Line Dancing—If you think you can't dance it's time to learn and prove you can! This class is great for beginners as well as those who have a bit more dancing talent. Barbara will teach you the steps and turn you loose. No partner required but invite a friend or two. **Instructor: Barbara Kennedy, former performer with the Amity**

Yoga— Yoga exercises stretch and strengthen the entire body. Movement is coordinated with breath for meditative experience. Bring a **firm yoga mat** or a **thick blanket** to sit on. No perfume please. **Instructor: Mary Lou Buck, B.S. Physical Education, certified 500 hour professional level Kripalu Yoga teacher. Class is limited to 20 students.**

Travel Adventures Trips

Historic Charleston and Georgetown SC

A stroll through the beautiful Waterfront Park, the Battery and the newly renovated historic City Market are planned as well. There will be a few hours of free time on Wednesday to explore Charleston on your own. Your comfortable accommodations will be at the Holiday Inn Express in Mt. Pleasant, a short drive across the magnificent Ravenel Bridge. Your final day includes a visit to the port town of Georgetown, where four rivers converge and colorful rows of shops and stately homes fill this river city with charm. A step-on guide will share the history. Package includes: 2 nights with full breakfasts, 2 dinners, lunch in Georgetown and all historical tours. Depart Charlotte at 8:30 am on May 1 and return around 7:00 pm on May 3. Questions? Feel free to call the office for more information, 704.365.1995.



"Nunsense" Hendersonville, NC

Thursday, May 17, 2012
\$79



Funny - Funny - Funny! You are off to Hendersonville to enjoy a musical comedy that is downright "habit-forming". The winner of four Outer Critics Circle Awards including Best Off-Broadway Musical for its original New York production, this hilarious international hit continues to play to sold-out audiences of all faiths around the world. The Little Sisters of Hoboken are having a fundraiser to bury the sisters accidentally poisoned by the convent cook. This new venue for Flat Rock Playhouse offers a more intimate setting with a theater-in-the-round. Enjoy a delightful lunch among friends and strolling along Main Street before settling in to the theater for an afternoon of entertainment. Lunch is included in the price. Depart at 8:45 am and return at 6:30 pm.

For a more detailed description of all these trips please visit our Website or call the Shepherd's Center of Charlotte, 704.365.1995.

Travel Adventures Trips

SC Governor's Mansion & Historical Homes

Tuesday, April 3, 2012

\$69.00



South Carolina takes pride in this splendid Governor's Mansion and residence, which has been "home" to more than 30 governors and their families through the years. Docents will help you understand the history on this tour. The public rooms are a repository of treasures - silver and china, furniture, paintings and documents - that are illustrative of the rich history and heritage of South Carolina. After touring the mansion, we will visit its nine acre garden featuring an intricate display of boxwoods, camellias, elegant fountains and state champion trees. The Blue Marlin Restaurant, a favorite venue of Shepherd's Center travelers, is our lunch destination. Shrimp and grits as well as some other favorite dishes and Key Lime pie are sure to please. In the afternoon you'll tour the Robert Mills House & Gardens, a national historic landmark and the Hampton-Preston Mansion, one of Columbia's oldest remaining historic houses with lovely blooming gardens. Depart Charlotte at 8:30 am and return at 6:00 pm.



Historic Charleston and Georgetown, SC

May 1 - 3, 2012

\$395 Double / \$495 Single

Any journey into the soul of the Old South must begin in Charleston, with its nagging familiarity, that sense of déjà vu which comes from history books, or Dubose Heyward's lyrical descriptions of Catfish Row in his best selling novel, *Porgy*, or even the starring roles the city played in *Gone with the Wind*, or *The Patriot*. Join us for a three-day get-a-way to discover Charleston's history and experience quaint Georgetown. You'll begin with a visit to the Charleston Museum, founded in 1773 while SC was yet a British Colony, followed by a visit to the Heyward-Washington House, "Charleston's Revolutionary War House". This was the townhome of Thomas Heyward, Jr., revolutionary patriot and signer of the Declaration of Independence. You will walk through the exquisite formal garden comprised of plants available to Charlestonians during the period. (Continued on Page 13)

Afternoon Classes—1:20 to 2:20 p.m.

Please indicate a first and second choice on the registration form

Creative Writing— Want to write but not sure where to start? Experienced—but stuck, blocked? Mary Crews offers a variety of enjoyable, innovative ways to coax your memories, ideas and insights to the page, generating new expression in any form. This approach works for all levels. Enjoy a safe, supportive atmosphere for your creativity. **Bring an 8 1/2 x 11 spiral notebook, easy-writing pen (no pencils) to class. Class limit 12. This class will run an additional 25 minutes. Instructor: Mary Crews, A.B., English, Queens University, published writer of non-fiction and poetry**

Grief— An interactive course that will combine both information and exercises to deal with one's own experience of this universal emotion. Sandy McGeachy, now a retired pastor of 50 years and personal counselor, will lead us through this study. **Instructor: Sandy McGeachy, retired Presbyterian minister**

The Bible in English—Celebrating 400 years of the King James Version— One of the Hallmarks of the Reformation was the translation of the Bible into the vernacular. We'll explore the early translations into English leading up to the King James version, and look at the influence of that landmark down through the ages. **Instructor Dr. Luther Wade, professor emeritus of speech and theater, Southeastern University**

Watercolor— This class is ideal for those who want to continue to learn and build on the fundamental skills such as choosing your materials, prepping your workspace, understanding colors, hues, working with pigments, laying down your foundation with various washes and brush strokes, the difference between wet and dry painting as well as the different materials to lift and blot colors. Time to enjoy and create! **Instructor: Genny Platon Johnson**

The Iliad by Homer—Dr Reed will take us through the Iliad in six weeks! You may have read this long ago. It's time to refresh your memory and re-view this epic poem. Paperback copies will be available (15% discount) at Park Road Books—Penguin Classic version translated by Robert Sables. **Instructor: Dr. Charles Reed, professor of history and political science at Queens University**

Travel Talks—Cliff Shelkofsky is back with our travel program! Come and explore the world through the eyes of our guest speakers. We will motorcycle around the world; see Arizona in the fall; visit Normandy, France, Turkey; paddle boat on the Columbia River and as always there's a surprise week. **Cliff Shelkofsky coordinator and AIL committee coordinator**

Travel Adventures Information

Register Early! Our trips fill quickly. Please complete the Travel Registration Form and submit a separate check for each trip, made payable to The Shepherd's Center of Charlotte. Costs are priced per person.

Cancellations: Cancellations may be made up to 45 days before the trip date. Any cancellation after the 45-day grace period is nonrefundable unless the spot is filled from the waitlist. This policy is due to the deposits that have to be paid by The Center to booked venues. Please note that extreme medical emergencies will be taken into consideration. A nominal administrative fee will be withheld for all refunds.

Activity Level: If you have a disability that limits your independence, you must be accompanied by a companion. **Wheelchairs are not permitted.** All trip participants are expected to carry information about medical conditions, medications and insurance providers. The Shepherd's Center of Charlotte is not responsible for individuals who may become ill or injured while participating in Travel Adventures.

Parking: All trips depart from Trinity Presbyterian Church. Travelers are welcome to park in the church parking lot for the duration of each trip.

Please note: The Shepherd's Center of Charlotte reserves the right to change venues, restaurants, plays, etc. if necessary.

Travel Adventures Registration Form

Please send a separate check for each trip.

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

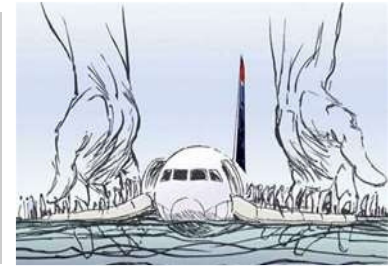
Phone: _____ E-Mail: _____

Feb. 23:	Miracle on the Hudson	\$49.00
March 15:	"Under the Boardwalk"	\$89.00
April 3:	SC Governor's Mansion	\$69.00
May 1-3:	Charleston, SC <u>Deposit \$100 per person</u>	\$395.00
	\$395 Double, \$495 Single—Final is due March 27th	\$495.00
May 17:	"Nonsense"	\$79.00

Travel Adventures Trips

"Miracle on the Hudson" and the Community Culinary School

Thursday, Feb. 23, 2012
\$49.00



"Miracle on the Hudson" has arrived! US Airways Flight 1549 has arrived in Charlotte and is on display at the Carolina's Aviation Museum. Come see the journey of this plane as it becomes one of the museum's iconic displays. Included are collections of aircraft, helicopters and printed material which covers much of aviation's rich history and accomplishments. Next we're off to the Community Culinary School of Charlotte to enjoy a gourmet lunch prepared by students of this special program. You may remember Chef Roh Ahlert, who was a guest speaker at Adventures in Learning over the summer. He will entertain you with stories about how this successful program offers young people a second chance for a career in the restaurant business. Depart Charlotte at 9:30 am and return at 3:00 pm.



"Under the Boardwalk" Wohlfahrt Haus

Thursday, March 15, 2012
\$89.00

Let Wohlfahrt Haus sweep you away to the Carolina Coast in "Under the Boardwalk". This original production features music of all the greatest beach bands like *The Embers*, *The Tams*, *The Chairman of the Board* and many, many more! You may also remember Carolina beach music for a certain dance craze that swept the nation...The Shag, which you're sure to see plenty of in Under the Boardwalk. A delicious four-course lunch along with Carolina beach music sets the stage for a very special day. Come enjoy this regional genre of music which is a beloved trademark of the southeastern seaboard and one of our all-time favorites. Depart Charlotte at 9:00 am and return around 6:30 pm.